



PADDLING FOR PRIDE
CHARITY DRAGON BOAT
RACE HAS BIGGEST
YEAR EVER {page 3}

NEW TWIST ON
CHINESE CLASSIC
LETTUCE-WRAPPED
MU SHU TURKEY {page 16}



BEST BF
ON STAGE AT
THE MMVA'S
SCENE {page 11}



OTTAWA

metro®

Monday, June 20, 2011
www.metronews.ca



News worth sharing.

Building Roger's house

Two thousand donors raise \$192,000 for palliative-care facility founded in memory of former Ottawa Senators assistant coach Roger Nielsen

Hundreds of moms, dads and kids laced up yesterday for the 8th annual Walk, Roll, and Run for Roger's House — CHEO's pediatric respite and palliative-care facility.

For some, the non-competitive fundraising race was about loved ones who couldn't be there.

Jennifer Gilhuis crossed the finish line on her rollerblades with her two kids, Rachel and Matthew, in a stroller. Gilhuis participated in the event for the first time this year in memory of her daughter, Sarah, who passed away in February after living with Sanfilippo syndrome.

"It's difficult. Every day, it sinks in a little more. I'm relieved she's not in any more pain," said Gilhuis.

Rachel, 3, and Matthew, 2, who also suffer from the syndrome, were among the 10 kids on the Roger's Dream Team who receive care at Roger's House.

Al Roberts, director of fundraising at the Ottawa Senators Foundation, which runs the race, said the event went well and the community is always there to help.

"We had more participants than we've ever had before and the money has been phenomenal," said Roberts.

JOE LOFARO



► Dozens of children run in the Irving Oil Tot-Trot at Scotiabank Place yesterday for the Walk, Roll, and Run for Roger's House fundraiser.

Canadian Forces
Reaching the peak

Calgary man who lost his legs below the knee in Afghanistan will climb Kilimanjaro using prosthetics. Will be joined by peers to raise money for orthopedic surgery {page 4}

Act your age



At 79, Betty Ford is one of the top sales people at her office {page 18}

RIM falling behind?

Analysts question whether BlackBerry maker can keep up with Apple, Google {page 8}

LASIK MYTH #2



"LASIK doesn't treat astigmatism."

LASIK FACT

LASIK corrects astigmatism more effectively than glasses or contacts.

Forget the myths... get the facts!
Visit www.lasikmd.com/facts



LASER VISION CORRECTION

Starting at

\$490

eye*

Financing Available

LASIK MD
VISION

FREE Consultation
1-877-769-3030

IntraLase SBK Available

OTTAWA

Chambers Building, 42 Elgin St.

* Prices are subject to change without prior notice. Prices very based on prescription strength. Applicable to surgery on both eyes only.

Running in support of missing girls

While Ottawa residents were running to raise money yesterday for cancer research and a palliative-care facility, residents of Kitigan Zibi reserve just outside Maniwaki, Que., ran a race of their own in the hopes of raising money to find two missing girls.

"We wanted to keep the media's attention on the case," said Maria Jacko,

aunt of Maisy Odjick, who went missing in September 2008 with her friend Shannon Alexander. Both girls were 16 at the time. "I feel like we've exhausted all our resources."

About 90 people participated in a 10-kilometre and five-kilometre race in support of the cause.

Three searches in the community turned up

nothing, Jacko said, and police have been unable to tell the family anything new. The families and their supporters have formed a committee and launched a website (findmaisyandshannon.com) but so far there have been no new leads.

"The very hardest part is not knowing what happened to them," said Jacko.

• SEAN MCKIBBON



Fundraisers Do It For Dad!

► Top individual John Bassi raises \$29,500 in donations for cancer research and treatment

 SEAN MCKIBBON
@METRONEWS.CA

Zephyr Regnier didn't believe it when he was diagnosed with prostate cancer four years ago.

"I had no symptoms. I felt fine," said the Orleans grandfather who joined his family yesterday for an early Father's Day stroll at the Alterna Do It For Dad! Run and Family Walk to help raise money for research and treatment of men's cancers.

Regnier and his family were far from alone. More than 2,100 sports enthusiasts gathered at Carleton University's Anniversary Park to take part in the 13th annual fundraiser, which raised a record \$527,902 for the Ottawa Regional Cancer Foundation.

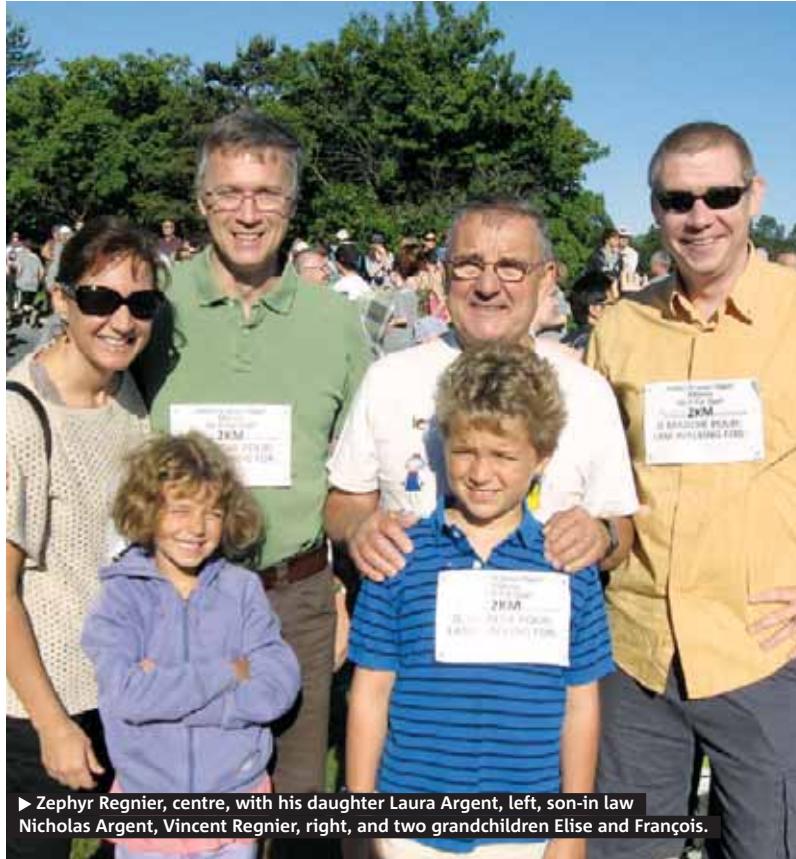
Regnier said he was lucky as doctors caught the cancer early with a PSA

"Our community has rallied around this event. We are thrilled that 100 per cent of what our participants have raised will remain in our community — to help local cancer patients"

LINDA EAGEN, PRESIDENT & CEO OF THE OTTAWA REGIONAL CANCER FOUNDATION

test. He credited otherwise good health and a good surgeon with a positive outcome and no side effects from the surgery.

Organizers of the event said a portion of the funds raised would go to purchase a da Vinci Surgical System at the Ottawa Hospital. The robotic surgical device allows for quicker recoveries and less invasive surgeries.



Dragon boat festival races for charity

A golden sun blazed over cool blue water on the final day of North America's largest dragon boat festival yesterday, as hoards of paddlers dug at the water, racing their crafts up and down the Rideau River.

"We had our highest registration ever," said festival spokesperson Meaghan Davis. "With 194 teams,

20 A dragon boat has 20 people to paddle, someone to steer and someone to drum or "call."

that's well over 5,000 paddlers participating."

Teams came from as far away as Philadelphia, Montreal and Toronto. Although a final tally wasn't avail-

able, Davis said the charitable event, which raises money for a variety of causes, had gathered at least \$305,000 in donations this year.

The weekend-long event drew throngs of spectators and hosted musical performances by such artists as the Stanfields, The Trews and Steven Page. • METRO



An anti-circumcision comic book hero raises hackles in California. Scan code for story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



Canadian couples join 'Kiss & Tell' to support gay marriage rights in the U.S. Video at metronews.ca

Follow us on Twitter @metroottawa

RECORD BREAKING

Man, son pull two trucks

A Cobourg, Ont., strongman has pulled off another world record, but this time he had a little help from his son.

Reverend Kevin Fast and his 18-year-old son Jacob set the Guinness World Record for heaviest vehicle pulled by two people on Saturday.

They pulled two fire trucks 30 metres down Queen Street in Cobourg in 38 seconds as hundreds of people cheered.

The trucks together weighed more than 72 tonnes. For an encore, the reverend lifted 20 people on a platform on his back at the pier.

The event was a fundraiser for Habitat for Humanity, a cause Fast became involved in last September when he pulled a house 11.95 metres.

THE CANADIAN PRESS

Female suicide up in army

Groundbreaking research by the Canadian Forces, Statistics Canada and Veterans Affairs has shown an increase in the number of suicides deaths in female service members between the ages of 40 and 44.

Researchers can't explain the increase, but say it involves a small number of women over a 35-year peri-

od. There were 37 suicides for women in all age groups who were serving or released from the military.

Psychiatrist Dr. Rakesh Jetly, advisor to the military on mental health issues, said there may be an elevated rate because programs weren't in place to help them transition to the civilian world. THE CANADIAN PRESS

Our troops hand over reins



► Signs of 'more determined foreign fighters' as U.S. takes over

The road to Zangabad is lined with graves and for years was littered with mines, but for Canadian troops it is memory lane.

The place they fought over so many years was quietly handed over to the Americans yesterday as their withdrawal from Kandahar hit full stride.

Alpha Company 1st Battalion Royal 22e Regiment, which rolled into the notorious Taliban redoubt as part of NATO's major offensive last fall, pulled back to Kandahar Airfield.

"Au revoir, Zangabad," the radio crackled as the last Canadian light armoured vehicles rolled out.

"There is real a sense of accomplishment," said Maj. Pierre Leroux, the company commander.

Lt.-Col Steve Miller, the commander of the Ameri-

(The Van Doos) wanted to go out with a sense of professionalism that was truly inspiring"

Lt.-COL STEVE MILLER, LEADER OF 3RD BATTALION 21ST U.S. INFANTRY REGIMENT

can unit replacing them said the Van Doos kept up the tempo of patrols right to the end.

The U.S. Stryker unit knows it's taking over a tough neighbourhood, one that has been unusually quiet despite being well into the Taliban's spring-summer fighting season.

"Knowing the history of the place, I'm surprised, but who knows what will happen in three weeks," Miller said. THE CANADIAN PRESS

Wounded soldier to climb Kilimanjaro

► Calgary's Mark Fuchko lost his legs below the knee after driving over an explosive device in Afghanistan
► Using prosthetics, he and a group of peers will trek up a mountain to raise money for orthopedic surgery

 **JEREMY NOLAIS**
@METRONEWS.CA

Reaching Africa's highest peak is difficult enough. Doing so without use of your own legs is a challenge few would attempt.

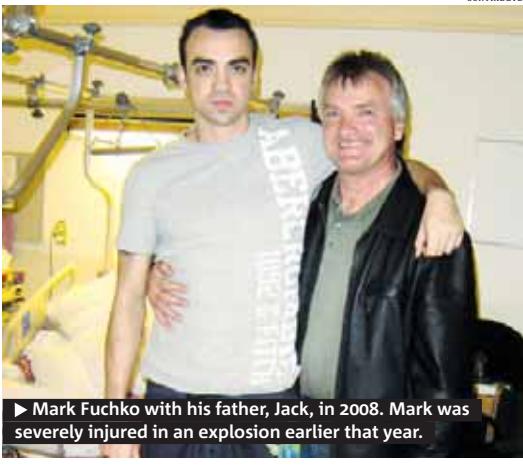
But 26-year-old Calgary soldier Mark Fuchko is used to taking adversity head on.

"He's pretty determined, slightly stubborn," chuckled his father, Jack Fuchko. "He's climbed lots of mountains. This is just another one."

Jack's comments refer to

years of difficult rehabilitation Mark has endured after suffering critical injuries on duty in Afghanistan's Kandahar province. He lost both legs in March 2008 but began walking again before the year was out.

Fuchko's focus now is on aiding others in similar situations. He and other participants on the Kilimanjaro Climb hope to raise \$575,000 to purchase a computerized navigation system for the Orthopedic Surgery Centre at Edmonton's Royal Alexandra Hospital.



Fuchko said he initially believed losing his legs was a "death sentence."

"There were some really hard days," he said. "You come from this high level of activity ... and then you are in a wheelchair and just going to the bathroom is a challenge."

Fuchko, who has prosthetics, credits much of his recovery to "overwhelming" support from family and fellow soldiers.

On the climb, he will be joined by three fellow Canadian Forces members. The group plans to set off Aug. 8 and climb six hours

Reach the top

► Climbers cover about 19,340 feet before reaching the summit of Mount Kilimanjaro.

► For more information on the Kilimanjaro Climb or to donate, visit kilimanjaro.royalex.org.

a day to the summit Mount Kilimanjaro five days later.

"It's going to be a challenge for sure," Fuchko said. "I think I have got the tools and the support network to succeed."

Energy adviser hired

Canada has spent \$1 million on a special adviser on climate change and energy to lobby key players in the United States over energy and environmental issues. The job description includes promoting a made-

in-Canada technique of pumping greenhouse gas deep underground.

Marc Lepage, Canada's former consul general and top trade official in San Francisco, was picked for the job. THE CANADIAN PRESS



Hero Terry Fox's mother dies

Betty Fox, the mother of one of Canada's most beloved heroes, who nurtured Terry Fox's legacy into one of international action and inspiration in the fight against cancer, has died.

Her family said at the beginning of June that Fox was seriously ill and in a hospice, though their statement said reports she was suffering from cancer were incorrect.

On Friday morning, the

family posted a notice on the Terry Fox Foundation website saying she had died a few hours earlier.

"Betty/Mom passed away peacefully, surrounded by love," the family said. THE CANADIAN PRESS

What did you get?

2% cash back¹

OR

zip, zilch, zero



Gas
Stations



Grocery
Stores



Drug
Stores



Recurring Bill
Payments

APPLY TODAY
and get a special
introductory offer.^{*}

Scotiabank Momentum® VISA^{} card –
the credit card that gives more
cash back on everyday spending.*

- 2% cash back on eligible gas, groceries, drug store purchases and recurring bill payments¹
- 1% cash back on everything else²
- Sign up now and receive a special introductory offer, but only for a limited time

Find out more.

Call 1-877-803-4871, visit a branch
or scotiabank.com/momentum

You're richer
than you think.[®]



¹ You will earn 2% cash back on the first \$25,000 you spend annually at merchants classified by VISA as Grocery Stores & Supermarkets, Drug Stores & Pharmacies, Service Stations, Automated Fuel Dispensers and Recurring Payments (Merchant Codes: 5912, 5411, 5541 & 5542). Sometimes there are separate merchants located on the premises of these merchants but are classified by VISA in another manner, in which case this added benefit will not apply. Recurring payments are defined as payments made on a monthly or regular basis automatically billed by a merchant. Earn 1% cash back on purchases made after you have reached the 2% \$25,000 annual max., and on all other purchases. ² Scotia Momentum cash back is not awarded for cash advances, Scotia® VISA Cheques, credit vouchers, payments, purchase returns, card fees, interest charges or service/transaction charges. ^{*} Offer ends June 30, 2011. * Visa Int./Lic. user The Bank of Nova Scotia. [®] Registered trademarks of The Bank of Nova Scotia. [™] Trademark of Visa Int./Lic. user The Bank of Nova Scotia.

Cash-strapped al-Qaida funded by ransom: CIA

- ▶ Abductions more than doubled in one year
- ▶ Bin Laden eyed hostage-taking as revenue stream

Pressured by increased scrutiny of terrorist money sources and strikes aimed at its financiers, al-Qaida's core organization turned to kidnapping for ransom to offset dwindling cash reserves, U.S. officials say, based on information found in files from Osama bin Laden's compound.

Bin Laden's interest in kidnapping as a cash raiser bolsters accounts that the financial squeeze has staggered al-Qaida, forcing it to find alternative funding sources. Bin Laden was killed last month by U.S. Navy SEALs.

Figures from the National Counterterrorism Center

show that 3,366 hostages were taken in Pakistan in 2009, compared to 1,264 in 2008.

U.S. officials are trying to learn more from the recovered files about al-Qaida's money sources and the impact of bin Laden's death on the group's financial future. **THE ASSOCIATED PRESS**



The great white hope

unlimited happy talk



\$25
per month

wireless
chatrTM
no worries • talk happy

in a chatr zone

BONUS CREDIT \$60 when you sign-up for auto-pay*



get on the no worriesTM network

Available at:

► FUTURE SHOP

booth
wireless

((WIRELESSWAVE))

BEST BUY

COSTCO
WHOLESALE

Zellers

chatr stores

LOCATED AT: Bayshore Shopping Centre Place d'Orléans

chatrwireless.com

Offers available for a limited time and subject to change without notice. *Bonus in 6 monthly installments of \$10 will be credited to the chatr account. ©2011

OLAY

CLEANSING

©2011 P&G



MAKEUP AND TOUCH-UPS
ARE PART OF MY JOB.

CLEAN, BEAUTIFUL SKIN — THAT'S MY CLEANSER'S JOB.

— Carrie Underwood

OLAY FACIAL CLEANSERS

They remove 2X more dirt and makeup* for skin that's clean and naturally beautiful. Even without makeup. Well, maybe just a little.
*Vs. basic cleansing.

OLAY. CHALLENGE WHAT'S POSSIBLE.™



Canada's hottest smartphones. Now from \$0.¹

Switch to Canada's best network today.²



Samsung Galaxy S[™]
Vibrant[™] smartphone

3-yr. term | No term
\$0¹ | \$499⁹⁵

SAVE \$499.95
with a \$50 voice
and data plan

HTC Incredible S[™]
4G smartphone

3-yr. term | No term
\$0¹ | \$499⁹⁵

SAVE \$499.95
with a \$50 voice
and data plan

MOTOROLA ATRIX[™] 4G

3-yr. term | No term
\$24^{95³} | \$599⁹⁵

SAVE \$575
with a \$50 voice
and data plan

BlackBerry[®] Torch[™] 9800
smartphone

3-yr. term | No term
\$24^{95³} | \$599⁹⁵

SAVE \$575
with a \$50 voice
and data plan

BONUS: Activation fee credit (\$35 value)⁴

Visit a Bell store or authorized dealer
1 888 4-MOBILE (662453) • bell.ca

Bell savings
just got
better

Also available at these retailers:



Offer ends June 30, 2011. Available with compatible devices within network coverage areas available from Bell Mobility. Paper bill charge (\$2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (New Brunswick: \$0.53, Nova Scotia: \$0.43, P.E.I.: \$0.50, Quebec: \$0.40) apply. A one-time device activation fee (\$35) applies with no term, 1 or 2-yr. terms. Upon early termination, price adjustments apply; see your Service Agreement for details. 30 days advance notice of termination required where not prohibited by law. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a 3-yr. term on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of \$50/mo. (2) With compatible devices. Based on comparison of national networks: (a) fastest network, according to tests of average upload and download speeds in large urban centres across Canada, (b) largest network, based on total square kms of coverage, and (c) fewest call failures based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ network available from Bell, vs. Rogers HSPA/ISPA-network. Excludes roaming partners' HSPA and GSM/Edge coverage in certain parts of Manitoba and Saskatchewan. Speed may vary due to topography, environmental conditions, device type and other factors. See bell.ca/network for details. (3) With new activation on a 3-yr. term on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of \$50/mo. Price shown is after \$75 in-store credit. Credit applies at the time of purchase on the price of the device in-store before taxes. (4) With new activation of a phone or smartphone on a 3-yr. term. To billing cycles, the \$35 fee may apply on the first bill and must be paid. A credit is then applied on the account on the second billing cycle before taxes. HTC, the HTC logo, and HTC Incredible S are trademarks of HTC Corporation. Samsung Galaxy S Vibrant is a trademark of Samsung Electronics Co., Ltd., used in Canada under license. MOTOROLA, the Stylized M Logo and MOTOBURG are trademarks or registered trademarks of Motorola Trademark Holdings, LLC. BlackBerry[®], RIM[®], Research In Motion[®] and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Android is a trademark of Google Inc.

Available at the following
Bell stores:
ARNPRIOR
6-75 Elgin St. W.
BROCKVILLE
1000 Islands Mall
R.R. 3 Highway 2 W.
CORNWALL
Cornwall Square
KANATA
510 Earl Grey Dr.
NEPEAN
50 Market Place Ave.
1541 Merivale Rd.
Bayshore Shopping Centre
Bayshore Shopping Centre (kiosk)
ORLEANS
Place d'Orléans
SmartCentres Orleans
OTTAWA
247 Bank St.
Billings Bridge Plaza
Carlingwood Shopping Centre
Rideau Centre
St. Laurent Shopping Centre
St. Laurent Shopping Centre (kiosk)

PEMBROKE
1018 Pembroke St. E.
PETAWAWA
3471-B Petawawa Blvd.
RENFREW
178 Plaist St.
SMITHS FALLS
16 Beckwith St. S.
STITTSVILLE
1250 Main St.

BUILDING AN ABORIGINAL DAY FOR ALL

URBAN COMPASS

STEVE COLLINS
METRO OTTAWA



"How's that for timing?" she laughed. "That's what you get for trying to run off to Timmys!"

Nobody was hurt, and she was soon back on the job as festival and artistic director for the Summer Solstice Aboriginal Arts Festival, held last weekend at its new home on LeBreton Flats.

The festival has moved from Victoria Island, where the Algonquin say they have been meeting for more than 5,000 years.

"Victoria Island, as significant as it is to our community and as beautiful a spot as it is, isn't very well-known in Ottawa circles," Mather-Simard said.

"Tomorrow marks National Aboriginal Day, not a red-letter day for many Canadians. (Trina) Mather-Simard hopes events like hers will help change that."

up for the weekend today because I don't really make it home," she said.

Tomorrow marks National Aboriginal Day, not a red-letter day for many Canadians. Mather-Simard hopes events like hers will help change that.

"For us it's important as Aboriginal people to come together for National Aboriginal Day and celebrate, but I think it's equally important to take the opportunity to share and educate and just really expose the rest of the residents to a living, evolving aboriginal culture here in the region," she said.

Three years ago, the government apologized for the harms inflicted by residential schools, and Mather-Simard believes the moment was important not only for Aboriginal people but for all Canadians.

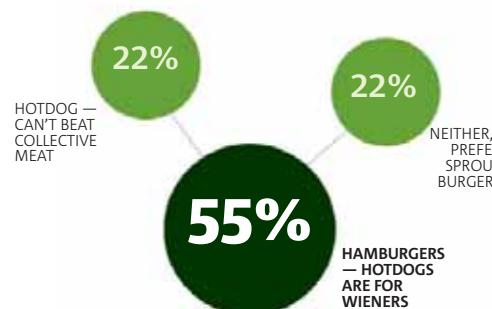
"I don't think a lot of Canadians, until that apology, really realized some of the things that were impacting and holding back the aboriginal community, and some of the things that they were struggling with," she said. "So I think that that acknowledgement helps other Canadians kind of understand the path that has led us here, and so everyone can move forward together."

It's a long way forward, as auditor general Sheila Fraser noted in her final report of a stubborn and chronic lack of improvement on aboriginal health, education and housing.

But for now, National Aboriginal Day and the Summer Solstice Aboriginal Arts Festival are growing celebrations of Canada's first cultures, and everyone is invited.



Register at metrolifepanel.ca and take the quick poll
Do you take a hotdog or hamburger off the barbecue?



Worth mentioning

DUBAI, United Arab Emirates. A Saudi woman defiantly drove through the nation's capital while others brazenly cruised by police patrols in the first forays of a campaign that hopes to ignite a road rebellion against the male-only driving rules in the ultraconservative kingdom.

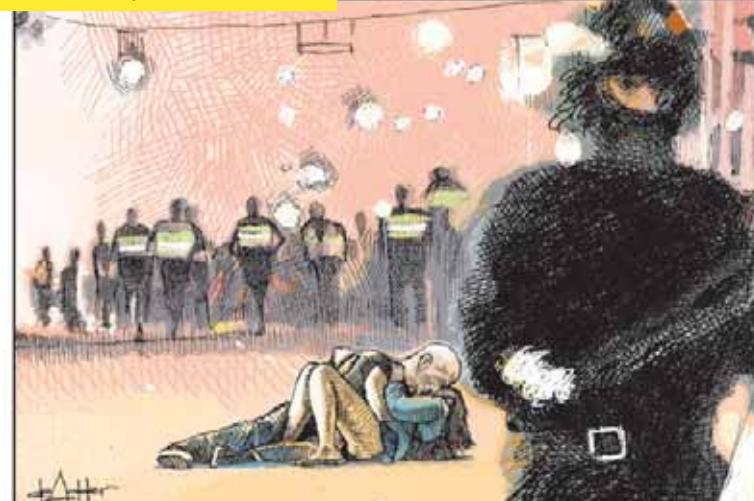
It was a rare grassroots challenge to the Western-backed Saudi monarchy as it tries to ride out the Arab world's wave of change, and a lesson in how the uprisings are taking root in different ways. In this case, the driver's seat was turned into a powerful platform for women's rights Friday in a country where women have almost no political voice.

"We've seen that change is possible," said Maha al-Qahtani. She said she drove for 45 minutes around the capital, Riyadh, with her husband in the passenger seat. "This is Saudi women saying, 'This is our time to make a change.'"

About 40 women took part in Friday's show of defiance. No arrests or violence were reported, though al-Qahtani was later ticketed for driving without a licence.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



IN VANCOUVER, JACK LAYTON REAFFIRMS THE NDP'S RELATIONSHIP WITH UNIONS

WEIRD NEWS

Freeloaders not allowed in space

The billionaire businessman behind Virgin Galactic says William Shatner, and other celebrities, shouldn't expect any free rides into space.

The space tourism enterprise is already taking reservations for flights, which could begin next year.

But it's become clear that the actor who played Captain James T. Kirk, perhaps the world's most famous fictional spaceman, is not among the

440 people from 40 countries planning to go up.

"William Shatner has said that he's scared to go into space and it's quite ironic really when you think of his career," company founder Sir Richard Branson told The Canadian Press. "And, like most celebrities, he would like a freebie."

The cost of a seat is \$200,000 US.

The 80-year-old actor recently admitted he did not want to boldly go anywhere beyond the Earth's atmosphere.

Branson suggested the Star Trek actor is in the minority. "Most people are unlike William Shatner. I would say nine out of 10 people — if they could afford it — would love to go into space." **THE CANADIAN PRESS**



METRO OTTAWA • 130 Slater St., Suite 300 • Ottawa, ON • K1P 6E2 • T: 613-236-5058 • Fax: 866-253-2024 • Toll free: 1-888-916-3876 • adinfo@metronews.ca • Distribution: bernie.horton@metronews.ca • Publisher Bill McDonald, General Manager Dara Mottahed, Managing Editor Sean McKibbin, Distribution Manager Bernie Horton • **METRO CANADA**: President & Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Managing Editor, News and Business Amber Shortt, Scene/Life Editor Dean Lisk, Managing Editor, Night Production Matt LaForge, Associate Managing Editor, News

and Business Kristen Thompson, Art Director Laila Hakim, Business Ventures Director Tracy Day, National Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

front, neat fishtails on the corner turning on to Preston st
► **@ashley scorpio:** is @ottdragon boat with @joshnadolny, what a beautiful day to be outside #Ottawa #Events
► **@jruston88:** Beautiful day to go for run! Saw a swan in the river! #Ottawa #summer twitpic.com/5dx430
► **@Ziyada:** Thinking of #teamgreggybear this morning! Run like the wind, kids! @KurtStoodley @annettegoerner @HopperJeff so proud of you!
► **@tgrevatt:** The pace car driver is working it at the

► **@WrittenBeleife:** @lifecentre just gave my family a car to remind us that even single Moms children have another daddy.

► **@musiclovesusuan:** Fried Kool-Aid does not make sense as a drink or a trending topic ... lol

All that glitters at MMVAs

► Lady Gaga opened the show while scaling a three-storey fire escape

► Other performers included Avril Lavigne, Bruno Mars, Simple Plan

Lady Gaga kicked off last night's MuchMusic Video Awards with a performance of Edge of Glory — but the show had already received a jolt of star power in the form of teen-pop titan Justin Bieber.

The 17-year-old shocked the frenzied fans lining the show's red carpet when he arrived in a nondescript SUV. Many of the screaming teens who clogged blocks of downtown Toronto on a warm evening broke into tearful shrieks upon spotting the superstar, who had not been scheduled to appear.

"It's great to be here with all the fans in my home country," said Bieber, clad in a pink blazer, white graphic T-shirt and jeans, with a pink scarf hanging from his back pocket.

His girlfriend, Disney actress Selena

Gomez, co-hosted the show, and Bieber carried two nominations into the evening. Asked who he was excited to see, he was coy.

"I am most excited to see Selena perform tonight — I like her song, it's a great song," he said, before discussing an upcoming acting project he's developing with Mark Wahlberg.

"I'm really excited because it's able to demonstrate my athleticism," he said, before confirming that the project would be "basketball-related."

Down With Webster nabbed the award for best pop video and marvelled as they hoisted the trophy — a nearly five-kilogram block of aluminium alloy.

"It's heavy!" pointed out the band's MC, Cam Hunter.

Irish actor Colin Farrell, meanwhile, didn't need anything elaborate to make an entrance — he rolled up in a plain SUV, clad in jeans and a light denim button-down.

"Toronto's become a bit of a home away from home for me," he said during an interview with Much VJ Sarah Taylor.

THE CANADIAN PRESS



► Justin Bieber and girlfriend Selena Gomez stand on stage during the MMVAs.



► Bruno Mars



► Lady Gaga kicks off the MMVAs.



Box office



Ryan Reynolds is the latest superhero to rule the weekend box office. Green Lantern debuted at No. 1 with \$52.7 million, a fair but unremarkable opening stacked up against other comic-book adaptations. The previous weekend's top flick, Super 8, slipped to No. 2 with \$21.3 million.

THE ASSOCIATED PRESS



Scan this code or visit metronews.ca/scene for more coverage from the MMVAs.



DARREN CALABRESE/THE CANADIAN PRESS

► Fefe Dobson on the red carpet.



Android is a trademark of Google Inc.

Metro, Canada's first newspaper to really Android



DOWNLOAD THE NEW
METRO APP FREE
for your Android



metro

LONG DISTANCE:

Lowest Rates to the whole world...GUARANTEED

That's right! No Matter where you call, no matter what rate you pay...We'll beat it...GUARANTEED!



from
3.9 ¢/min



Bangladesh

from
5.9 ¢/min



Iran

1.9 ¢/min



Romania

7.9 ¢/min



Ukraine

Australia.....1.9 ¢/min

Bosnia.....13.9 ¢/min

China.....1.9 ¢/min

Colombia.....from 3.9 ¢/min

Cuba.....89.9 ¢/min

El Salvador.....9.9 ¢/min

Germany.....1.9 ¢/min

India.....2.9 ¢/min

Israel.....1.9 ¢/min

Italy.....1.9 ¢/min

Lebanon.....7.9 ¢/min

Mexico.....from 1.9 ¢/min

Pakistan.....5.9 ¢/min

Philippines.....11.9 ¢/min

Poland.....1.9 ¢/min

Russia.....from 1.9 ¢/min

South Korea.....2.9 ¢/min

Sri Lanka.....9.9 ¢/min

Trinidad.....4.9 ¢/min

U.A.E.....14.9 ¢/min

U.K.....2.9 ¢/min

Vietnam.....4.9 ¢/min

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!



1 Cent To India



Calling India at only 1 cent per minute.
(Land and mobile included).

\$ 10/month - 1000 Minutes - 1¢

1¢
/min

Unlimited Canada



Unlimited calling to anywhere in Canada.
Available on your home or cell phone.

\$ 5
/month

Make long distance calls from your home or cell phone!

 comwave®
www.comwave.ca

1-866-770-8085

Follow Us...



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The India 1000 Bundle carries a monthly fee of \$2.95. Bundles cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Minutes in excess of 1000 minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.net for details.

HOME PHONE LINE:

Worldwide Unlimited Only
to almost 60 countries
Including India 

Sign Up
Now & Get:
**RISK FREE
TRIAL
PERIOD**

\$29⁹⁵
/month



**"I saved a fortune with Comwave
and the quality is great!"**

Anna, Edmonton

✓ Unlimited Calling to Almost 60 Countries



✓ All Features FREE

- Voice Mail
- Call Forwarding
- Caller ID
- Call Waiting
- 3 Way Calling
- and more...



Limited Time Offer! Call Now & Get:

**6 MONTHS
FREE**

 **comwave**[®]

www.comwave.ca

1-866-770-8085

Follow Us...



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The 6 Month Free Promotion and the rate of \$29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive 6 months free service if you transfer your phone number from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.comwave.ca for details.

Megan Fox still super smitten with her hubby

► Couple planning to renew their wedding vows in Hawaii ► Actress says Brian Austin Green's sensitive ways have helped transform her

Megan Fox admits her and husband Brian Austin Green's visit to Hawaii this month could lead to the couple renewing their vows — something she wouldn't have considered before.

"I didn't think that I was into it until my relationship with Brian," she tells E! News.

"He's very sensitive and very emotional. He's a Cancer so he's very all about feelings and relationships and he cries about everything. He'll want to do it, so I'll do it for him."

Fox also revealed plans for a swim with dolphins during the trip, despite Green's reservations. "My husband is terrified of



► The couple got married on June 24, 2010, in a small, private ceremony held at the Four Seasons hotel on Hawaii's Big Island.

sharks but we're going to do it anyway," she says.

"I didn't used to be

[scared of sharks], but I am now because of him. His fear is so intense, it's

smothered me and now I'm afraid."

● METRO



Twilight star romanced in NY

Gerard Butler is reportedly pulling out all the stops to woo Twilight star Ashley Greene, according to Us Weekly.

The pair were spotted together at an event in New

York recently, where Butler "had a hand on her shoulder and leaned in to her. He really turned on the charm," according to a source, who also claims Butler was spotted with his

hand on Greene's rear.

The 300 star reportedly spent the night ordering Greene's drinks for her and entertaining her with a rendition of Journey's Don't Stop Believing. ● METRO

Witherspoon 'shows her age'

While Reese Witherspoon's advice to young starlets at the MTV Movie Awards about avoiding reality shows and sex tapes may have been meant as a joke, but Girls Gone Wild impresario Joe Francis thinks the Oscar-winning actress was "showing her age by making those comments," ac-

cording to Popeater.

"I just think that Reese needs to rethink what she said," Joe says.

"Once you have a sex tape, you become a sex symbol . . . Look at Marilyn Monroe. Had she never done that Playboy cover, we wouldn't be talking about her right now."

● METRO



► Reese Witherspoon

Keanu pens a bit of a sad read

Keanu Reeves has taken up the written word, starting with a book called Ode to Happiness — but the text is anything but sunny, including lines like, "I draw a hot sorrow bath. In my despair room."

Interested readers can get the book for \$55 online. ● METRO



► Crystal Harris and Hugh Hefner got engaged in December of last year.

July's Playboy features Hef's 'runaway bride'

Hugh Hefner's ex-fiancée, Crystal Harris, called things off so close to their wedding day that Hefner didn't even have time to change the cover of the latest issue of Playboy, featuring Harris with the headline Introducing Mrs. Crystal Hefner.

So what's a publisher to

do? "Recent events call for a special sticker on the July cover. Look for it on newsstands," Hefner posted on Twitter.

The issue was published with the original cover, but with a bright red sticker reading, Runaway bride in this issue!

● METRO

Celebrity tweets



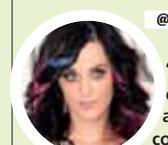
"I'm going to be a politician. I'm running for public office. I will be announcing soon. #Muniz2016" @frankiemuniz



"I broke my arm. And I'm annoyed! Booooooo"



"Anna, the girls & I watched Adam Sandler & Drew Barrymore in 50 First Dates tonight." @hughhefner



"tonight I dye my hair a different color... Can you guess which color?!" @katyperry

Aguilera raking it in on TV show

It's apparently costing NBC a pretty penny to get Christina Aguilera on TV, as the singer is reportedly earning \$225,000 an episode for her work as a judge on The Voice, according to the Hollywood Reporter.

Her fellow judges aren't so lucky though, as Cee Lo



Green, Adam Levine and Blake Shelton are said to be pulling in \$75,000 an episode. ● METRO

The divorce syndrome

► Earlier this month, researcher Hyun Sik Kim of the University of Wisconsin-Madison, released an eye-opening study ► Children of divorced parents often fall behind their classmates in math and social skills ► We talk to Kim about the possible long-term impact

 **SAM CASTONE**
LIFE@METRONEWS.CA

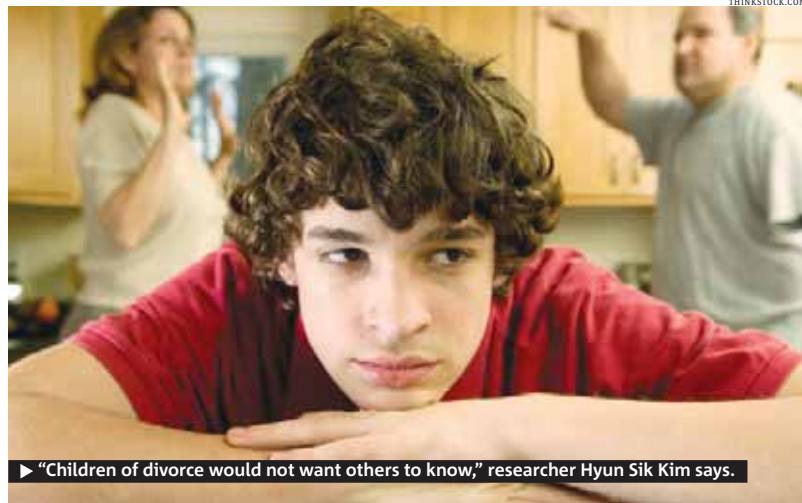
METRO WORLD NEWS

You studied children during the first two years after the divorce. Why is that period so crucial?

I studied that period mainly due to data availability — information was available only up to spring of fifth grade, although now, information up to eighth grade is available, which enables me to extend my analyses. But one of the main controversies around divorce is whether children of divorce catch up with children from intact families some time after divorce. That's why it was very important to examine development of children of divorce after divorce occurs.

What surprised you the most?

That I failed to find negative impacts of divorce in the pre-divorce stage. People tend to think that couples go through intense marital conflict before they decide to divorce — otherwise why choose to divorce? And it's widely accepted that children under parents' marital discord experience devel-



► "Children of divorce would not want others to know," researcher Hyun Sik Kim says.

opmental setbacks, such as retardation in cognitive skills and high frequency of problem behaviours. However, my study finds that there is no differential growth in the pre-divorce stage.

Yet you found their social skills were stunted?

I found that children of divorce lagged behind children from intact families in the growth of interpersonal social skills in the during-divorce stage. Why, I can only speculate. One possibility is that children of divorce go through

emotional problems, which is consistent with my finding that children of divorce experienced problems in internalizing their problem behaviours. Another reason may be related to stigma attached to parental divorce, so that children of divorce would not want others to know their own situations, which may lead to less frequent interactions with others. It should also be added that these behaviours were reported by teachers.

Do you have any good news

for children of divorce?
I found that development of children of divorce did not worsen in the post-divorce stage even though they did not catch up with children from intact families. In other words, children of divorce developed as similarly as children from intact families in the post-divorce stage.

Divorce is so common these days. Do you think, eventually, anti-social behaviour and low math scores will be the norm for most kids? In other words, will we have to redefine what we expect from

Rising trends

The American Academy of Matrimonial Lawyers often polls its members about what they've seen or done lately. Here's what they said.

- 81% Of those polled said they use social media evidence (like Facebook posts) to help win a divorce case for clients.
- 48% Have seen a spike in couples going to court, rather than settling civilly.
- 40% saw a downturn in their business three years back, when the recession hit and folks put divorces on hold.

children?

This is really a hard question to answer from my study. One very important finding in my study is that children from intact families suffer more compared to children of divorce if the former children were in families plagued by marital conflicts. In this case, we can predict positive effects of divorce for those children. But remember, I just examined children two years after divorce. I cannot at all predict how children of divorce develop until they become adults.

3
life

App of the week

Kick to Pick

Of the many dumb apps for prospective parents, this is one of the dumbest — and the most fun. You scroll through a list of names, put the iPhone over your belly and wait for the baby to make a move. It'll stop on his or her "selection." Barely works, but it's a nice database of names anyway.

● MWN

ITUNES

\$.99



**CELEBS
WITH
DIVORCED
PARENTS:
HOW DID
THEY
TURN
OUT?**



BARACK OBAMA

► Stanley Ann Dunham met Barack Obama Sr. in a Russian-language class in Hawaii. They married a year later, in 1961, but divorced in 1964, after he moved on to Harvard. They had one son: Barack Jr. He did drugs in high school but otherwise turned out all right.

LINDSAY LOHAN

► Her divorced parents, Dina and Michael Lohan, appear in the media frequently to discuss their fractured family, blaming their daughter's struggles on their breakup. The in-and-out-of-rehab actress is currently under house arrest after a shoplifting conviction.

RUMER WILLS

► The 22-year-old daughter of Bruce Willis and Demi Moore, who divorced in 2000, became a successful television and film actress (*The House Bunny* and *90210*). She is also notable for surviving her new stepfather: Ashton Kutcher.

MICHAEL PHELPS

► After his parents split in 1992, the Olympian lived with his mom and remains close. "The person I love the most is sitting in the front row — my mom — for everything she's done," he said at the Beijing Olympics. Meanwhile, he and his dad don't talk much.



From whittling to knitting, men can bring their own sensibility to crafts.

Say 'cheese' in the kitchen

► This uniquely Canadian Maple Cheddar Spread and Classic Swiss Cheese Fondue are great choices for appetizers when entertaining guests



BOTH PHOTOS: THE CANADIAN PRESS H/Q

Preparation:

- 1 Rub inside of fondue pot with garlic clove. Pour in wine and bring to a boil; reduce to low heat. Add Emmenthal and Gruyere cheeses. Stir gently in a figure-eight pattern to avoid lumps. Add drops of lemon juice if cheese does not blend in easily.
- 2 Mix together cornstarch and kirsch until smooth; stir into cheese mixture. Season with pepper and nutmeg while stirring

Ingredients:

- 1 garlic clove, peeled
- 250 ml (1 cup) dry white wine
- 300 g (10 oz) Emmenthal cheese, diced
- 300 g (10 oz) Gruyere

until smooth.

- 3 Place fondue pot over tabletop burner and serve with bread.

- 4 Using fondue forks, dip bread cubes in fondue. Stir occasionally to keep fondue smooth. When fondue pot is nearly empty, layer of lightly browned cheese will form on bottom. Scrape with wooden spatula for real connoisseurs.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA



Preparation:

- 1 Using large holes of a box-cheese grater, grate apple and squeeze out juice; set grated apple aside.
- 2 In bowl, using hand mixer, beat cream cheese and cream until smooth. Stir in grated apple, cheese, maple syrup, chives, mustard and garlic; combine.

- 3 Cover and refrigerate for at least 1 hour to blend flavours. Transfer to serving container, garnish with chives and apple slices. Serve with crackers or celery.

Ingredients:

- 1 red apple, cored
- 1/2 cup (125 mL) cream cheese, softened
- 1/3 cup (75 mL) 10% half-and-half cream
- 1/2 cup (125 mL) shredded extra-old cheddar
- 1 tbsp (15 mL) pure maple syrup
- 1 tbsp (15 mL) chopped fresh chives
- 1/2 tsp (2 mL) Dijon mustard
- 1 small clove garlic
- Chives and apple slices
- Crackers or celery sticks

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Mu Shu with a turkey twist

► This version of the Chinese classic calls for a veggie and turkey stir-fry ► It's ready in less than 30 minutes

Mu shu is a Chinese dish with stir-fried vegetables and, in this version, ground turkey. It is served wrapped in lettuce leaves. This a wonderful meal that can be ready in 25 minutes from start to finish.

Preparation:

- 1 In a pan set at medium, heat oil. Add garlic and green onions and sauté, 3 minutes. Add turkey and cook until starting to brown.
- 2 Add mushrooms, bok choy, water chestnuts and red pepper. Cook until vegetables are tender. Add remaining ingredients except lettuce, mixing until combined. Sauté until napa cabbage is wilted and mixture is heated through.
- 3 To serve, set out a platter of lettuce leaves and bowls of mu shu turkey and extra hoisin sauce.

Ingredients:

- 15 ml (1 tbsp) oil
- 1 clove garlic, minced
- 2 green onions, chopped
- 500 g (1 lb) ground turkey
- 250 ml (1 cup) sliced mushrooms
- 250 ml (1 cup) chopped bok choy
- 125 ml (1/2 cup) sliced water chestnuts
- 125 ml (1/2 cup) thinly sliced red pepper
- 250 ml (1 cup) chopped napa cabbage
- 50 ml (1/4 cup) hoisin sauce, plus extra for leaf wrappers
- 15 ml (1 tbsp) soy sauce
- 10 ml (2 tsp) sesame oil
- 5 ml (1 tsp) five spice powder
- 12 whole lettuce leaves, washed and dried

Let diners spoon the turkey mixture and hoisin sauce into lettuce leaves and roll up.

THE CANADIAN PRESS/ ONTARIO TURKEY FARMERS



THE CANADIAN PRESS H/Q

Turning others on to offsetting

► Canadian company helping save African lives with a CO2 cuts program ► Find out what you can do to help



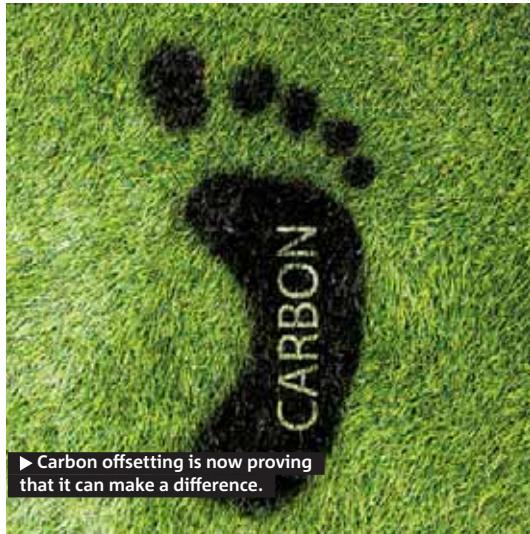
BEN KNIGHT
GREEN@METRONEWS.CA

Carbon offsets — money paid by eco-conscious companies for carbon emissions they have not been able to reduce — are now being used to save lives in the developing world.

Offsetters, a Vancouver-based provider of carbon-management solutions, has become the first Canadian company involved in offering a high-quality cookstove program in Africa.

"The big appeal of these projects is that the carbon benefits are very clear," says James Tansey, CEO of Offsetters. "The side benefits of doing this are, in some ways, even more important."

The new stoves are

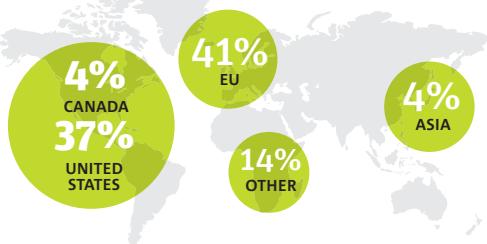


bound for Uganda, where most cooking is done indoors, burning wood, garbage or whatever waste materials are available. This is such a dirty

ISTOCK PHOTOS

Carbon data

Who's buying carbon offsets? World-wide data for 2010:



method, installing the new stoves will be like removing 4,000 cars from the world's roads. The potential health benefits are startling.

"Indoor air quality is one of the largest causes of child mortality — more significant than malaria," Tansey notes. "So this proj-

ect leads not only to reductions, but also very significant improvements in health and well-being."

This is green policy at its best. A world-wide effort to reduce CO2 emissions in the air — through the purchase of carbon offsets — leads directly to safer, longer lives in Africa.

"For these kinds of projects, companies that are reducing their emissions within their operations put a price on carbon," explains Tansey.

"They're paying maybe \$20 a ton for the carbon emissions they can't reduce. That money is then pooled, and used to subsidize the cost of the cookstoves."

Offsets come in two kinds: a voluntary market, and one demanded by eco-friendly legislation.

The global market is around \$113-million in voluntary transactions. The regulated market, which is also something we work in — particularly in Europe — is hundreds of millions of dollars in transactions."

For more information, visit offsetters.ca.

Keeping your number and saving money has never been easier.

\$100
credit

Transfer your number to Mobilicity today and you will receive a \$100 credit. Plus, get unlimited talk, text and data for only \$35 per month.

\$25
per month

Unlimited Local Calling

Unlimited Text & Picture Messaging

Caller ID

+ Add Unlimited Data for only
\$10 /month

htc Panache™ Exclusive to Mobilicity



\$100 credit is provided to customer's My Wallet™ account, in equal installments of \$25 per month for 4 months, when customer port-in his/her number on a new activation. Taxes are extra. Limited time offer. Offer valid only at participating locations. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. All features included in each plan must originate within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. 'Text and Picture Messaging' refers to text and picture messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. HTC Panache and HTC Sense are trademarks of HTC Corporation. Android and Android Market are trademarks of Google, Inc. Other trademarks shown may be held by their respective owners. All rights reserved.

**Mobilicity
Stores**

2525 Carling Ave (Lincoln Fields Mall)
1595 Merivale Road Unit 6 (Meadowlands Mall)
168 Rideau Street
(Corner of Rideau and Dalhousie)
100 Bayshore Drive
(Bayshore Shopping Centre)

173 Montreal Road
(Montreal Rd and Vanier Parkway)
888 Meadowlands Drive East Unit 8
(Meadowlands and Prince of Wales Drive)
300 Eagleson Road (Hazeldean Mall)

**Authorized
Dealers**

L-Tronix Ltd: 1652 Bank Street
FTA Tronix: 1807 Carling Ave
ANT Electronics: 625 Centre Street
Computer Idol: 203 Colonnade Road
L-Tronix Ltd: 500 Eagleson Road
Rocknet Telecom: 1020 St. Laurent Blvd., Unit 12

mobilicity™
mobilicity.ca

Bullo Wireless: 1414 Walkley Road
IGO Cyber House Inc: 223 Bank Street
Computer Onsite: 1439 Woodroffe Ave
Joe Mobile Tech: 780 Baseline Road Unit 22

Her age ain't nothing but a number

► She's one of the MVPs of her office and is getting ready to embark on a new life adventure ► Oh, and she's 79

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

 They call her Dynamo Betty. At the age of 79, Betty Ford is one of the top sales people at ArrKann RV and Trailer in Edmonton and is showing no signs of slowing down.

Ford has worked since she was 13 years old in numerous office and sales



► Betty Ford is showing no signs of slowing down.

jobs.

She taught Dale Carnegie courses and sold

high-end condos. She was 69 when a former sales manager gave her a call.

"Ford, you're dying on the vine," Betty recalls him saying. "I want you

come and sell RV's with me." Now after 10 successful years at her job Betty is facing another turning point in life. She promised ArrKann she'd stay with them until she turned 80. With her birthday in August fast approaching she is now planning on moving to Courtney, B.C. to be closer to her family. Does that mean she'll quit work?

"I already have four job offers," Betty tells me with a chuckle. "I'm going to miss all my friends but there's a whole new adventure out there and I'm going to find it."

Go get 'em, Dynamo Betty.

Betty's advice

An Octogenarian's View on Life and Work

- I don't even understand the concept of age or retiring. I think life is an adventure and you should go with it.
- Find something you want to do and make sure you like it.
- Have confidence in yourself and be honest with others.
- Don't worry about life so much. It'll sort itself out.

Meet the man with the iron wardrobe

► Metro chats with Wang Kang, a 25-year-old whose slightly unorthodox office attire is causing quite the stir

An ordinary office day may be boring, but it might cheer you up when you find out that your colleague is a superhero. A telecoms company employee, Wang Kang stunned his office colleagues and boss in Shanghai, China, when he strutted into the office in his homemade Iron Man suit on June 3.

Wang, age 25, told Metro that his Iron Man MK 1 suit is made of high-density foam, wires and tubes and then painted the colour of aged iron. It took three months and 3,000 yuan (\$465) to finish this 50 kg armor costume.

What inspired you to make this Iron Man suit? I have been a crazy fan since the first Iron Man film was released in 2008, and I like doing handmade stuff. I thought it would be so cool if I could make Iron Man armor so simply. Maybe I just wanted to be cool at the beginning. But it's much cooler than I thought after I finished it.

How did you feel when you walked into the office like that? I felt so cool and excited when I walked into the office with this Iron Man suit on, and some of my colleagues didn't recognize

me and even got scared of me. It was great fun that people saw me as if I was a real superhero. Then I was so happy that everyone praised my effort, even my boss complimented me.

Has this Iron Man suit changed your life? I never thought I could be famous because of it, now I have become very busy replying to all kinds of emails and messages from my own fans, which I enjoy. In fact many women want to know me and be my girlfriend, because they think I am a creative and interesting guy. And the

other day, I received an email from The Embassy VFX Team, the visual effects company that created the Mk 1 sequence for Iron Man film. They think I am great to make such a suit, that was just an incredible experience.

How long does it take to put this suit on? Is it easy to move in this suit? With someone's help, it takes about four or five minutes to put it on. It has a skeleton-like frame inside, so it is not so heavy to move. I can't dance but I can go to the toilet by myself with this suit on.

► METRO



► Get out of the way, Iron Man's coming to the office!

OVER 115 YEARS OF TRUST!



Be a Willis Graduate...
...Don't compete with one!

Business - Health - Technology - Clean Energy
613-233-1128 • williscollege.com

Ottawa • Smiths Falls • Toronto • Cobourg • Thunder Bay • Barrie • Sault Ste. Marie • Belleville • London

CO-OP WORK PLACEMENT

REGISTER TODAY!



WILLIS COLLEGE
OF BUSINESS, HEALTH AND TECHNOLOGY
EST. 1896

When 'hey bud' turns into 'hey boss'

► A promotion can be painful when the lucky employee loses friends over the switch ► Here's how to handle it

 **DREW HINSHAW**
LIFE@METRONEWS.CA

It's hard to say who to feel sorrier for: the co-worker who misses out on a big promotion, or the unlucky knave who gets it.

Officemates who watch their old friend move up a floor often lose hope, career counsellors note — as if their career is dog paddling in place. But the newly-crowned boss? They lose friendships, embark on a life of solitary lunches without that exhilarating sprit of workplace camaraderie.

"Most everyone does it wrong, and it becomes a total disaster," executive coach Cynthia Shapiro says. "You lose all your friends. It's a serious issue and it's very common."

But it doesn't have to be. Here's how to handle that transition when one workplace pauper becomes the new company prince.

Going from Worker to Boss

New boss task number one, Shapiro says, isn't to



► It's fine to climb the corporate ladder, but just make sure you don't fall down.

strongarm your old equals into respecting — or worse, fearing — you. It's to make them comfortable with the uneasy arrangement.

"Don't come in and tell them what to do — you're

not above them," she cautions. "The first thing you want to do is ask 'What can I do for you? What can be done better? What can I do to make your work better?' Make sure they know you're advocating for

them." That doesn't mean, however, that you should get too chummy.

"You don't want to be on either end of the spectrum," says Meredith Haberfeld, founder of the Institute for Coaching. "Don't be getting drunk after work with who used to be your peers or start acting like you're above them. Be yourself."

And don't downplay your promotion, either, she adds.

"Fake humility is thin

veil, and people can see right through it."

When Your Friend Becomes the Boss

Watching an old pal become your overseer can boil up a pot of resentments, Shapiro notes, but it really shouldn't.

"Your friend is now the person in charge of whether you get a raise, what your job security is like," he says. "That's a great place to be."

Make sure you express that, too, she adds.

"You definitely always want to say 'I'm really happy for you,' just so they know you're not feeling threatened," she states.

And if you are feeling threatened? Grow up.

"Keep your eye on the prize," Haberfeld says. "Give yourself one weekend to go have a drink, be pissed off, talk to your family, and then wrap it up in a bow and leave it alone."

COLLEGE DIPLOMAS IN HEALTH CARE!



ALGONQUIN CAREERS ACADEMY
1644 Bank Street 613-722-7811 www.algonquinacademy.com

SLS Success Language School
"Bilingue en peu de temps"
HULL • OTTAWA • ORLEANS

LEARN FRENCH THIS SUMMER AND GET THOSE GOVERNMENT JOBS

St. Laurent Mall (Herzing College) — Six week mini immersions
Next session June 27, 2011 • Evening classes 5 – 8 p.m.
Beginner and Intermediate Levels

SMALL CLASSES • FREE EVALUATION

"A public service commission diagnostic test recommended that I would need 840 hours of training to obtain my required profile. My total training hours were 174 and a final profile of CBB. I highly recommend Success Language School and the methodology used for those wishing to attain their linguistic requirements in a timely, effective manner." Drew – Federal Government Employee

www.successlanguageschool-ecolesucces.com • 613.795.5773

SUMMER COURSES 2011
July 4-28 for adults
July 4-15 for young learners (14-17)
Registration: June 20-30, 2011

Goethe-Institut Ottawa at SAINT-PAUL UNIVERSITY
223 Main Street office/bureau 128 | 613-232-9000
german@ottawa.goethe.org | www.goethe.de/ottawa

GERMAN
GOETHE
INSTITUT
Sprache. Kultur. Deutschland.

German starts here.
L'allemand commence ici.
Deutsch beginnt hier.
German starts here.

‘How ‘bout adding on another zero?’

► You've landed your first big gig but the salary isn't suiting you ► Do you keep your mouth shut or negotiate?

Jobs can be hard to come by, especially for recent college or university graduates with limited experience. So what happens when that first offer comes in and the salary or benefits aren't quite what you expected?

Many people's inclination is to accept it anyway. "Given the job market, there's not much available. People are really excited to get anything," said Jillian Berman, who graduated from the Uni-

"Get the job, go to work and prove yourself. Then ask for a raise because of your track record."

JOHN CHALLENGER, CEO

dent willing to take?

As for negotiations, "There's not going to be a lot of room if there isn't a lot of experience," cautioned Jack Chapman, author of *Negotiating Your Salary: How to Make \$1,000 a Minute* (Mount Vernon Press).

But that doesn't necessarily mean you shouldn't try, depending on how much risk you can tolerate.

Those willing to take a risk often take a hard line: I'd like the job, but I need more money. The danger is that the employer can just turn to other candidates, Orndorff said.

At Penn State, he said, students generally are advised to pursue a softer approach, telling the employer they intend to take the job but would like to be paid more, and then outlining the reasons. Be specific, he advised. Previous experience and the demand for workers in a given field are some of the factors that may be considered.

A third option is for students to ask a potential employer if they'd be willing to reconsider salary after six months or so. John Challenger, CEO of the outplacement firm Challenger, Gray and Christmas, calls that a "very reasonable approach."

"Get the job, go to work and prove yourself," he said. "Then ask for a raise because of your track record."



► If you handle it correctly you might just walk away with a little more moola in your pocket than you had started with.

Web wisdom

There are a number of salary surveys available on the web.

- For example, the National Association of Colleges and Employers reports by job on salaries offered to each year's graduating class.
- The survey this year found that liberal arts graduates received average offers of \$39,527, while the average offer to engineering majors was \$59,856. For all majors, the average salary offer was \$50,462, up 5.9 per cent from the previous year.

WANTED

Home-Stay Families



Interested in a culturally and socially rewarding opportunity?

We are looking for English-speaking families to welcome one or two French Canadian and/or international students aged 15-17 years this summer who will be coming to study English in Nepean. (Merivale and Viewmount/Meadowlands area)

July 3rd to August 6th, 2011

Must provide the following:

- A furnished bedroom
- 3 meals/day (bagged lunch)
- A warm and friendly environment

For more information contact Christine at **613-294-3995** or email pennysherwood@rogers.com

faire parler le monde
gets the world talking

Le Centre linguistique du Collège de Jonquière
\$ REMUNERATION PROVIDED \$

Zhenya Yoder, Bechtel Corp.'s manager of global compensation, said it's rare to see recent graduates try to negotiate starting salaries.

If they do, "we'll listen to what the potential hire

has to say." But she said Bechtel's salaries are competitive with others in the industry, and it's rare they'd say yes. "We believe that in our industry, we're an employer of choice," she said.

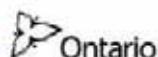
However, she said, there are other kinds of compensation besides salary, such as relocation costs. "We sometimes encounter special situations such as that," she said.

THE ASSOCIATED PRESS

Internationally Trained Legal Professionals

Catholic Immigration Centre and World Skills are offering a FREE employment program dedicated to helping Internationally Trained Legal Professionals find alternative careers in Ottawa.

For details contact:
Maria Teresa Garcia
Tel: **613-232-9634** ext. 389
E-mail: maria@cic.ca



ATTENTION: START IMMEDIATELY!!

International company has openings
REGISTRATION AGENTS
Students Welcome!!
No experience required

AVERAGE **\$18.25**/hr

613-321-4279

Major domination by McIlroy

► Irishman erases Masters collapse, wins U.S. Open in record fashion

Every time Rory McIlroy lined up a shot yesterday, there was some sort of record on the line, some kind of history to be made.

That was this year's U.S. Open version of suspense. There was never any doubt that the kid from Northern Ireland was going to win it.

In complete control of his emotions and his game, McIlroy never slipped. He won his first major championship by shooting a 2-under 69 at Congressional and closed his four-day onslaught at 16-under 268, eight shots ahead of Jason Day and four shots better than the U.S. Open scoring record formerly held by four players, including two named Woods and Nicklaus.

After the final tap-in, Gerry McIlroy met his son as he walked off the green.

"Happy Father's Day," the new champion said.

Happy Father's Day, indeed.

All week, McIlroy's performance was compared to Tiger Woods' 15-shot blowout at Pebble Beach in 2000.

"I was trying to go out there today and emulate him in some way," McIlroy said. "I played great for four days and I couldn't be happier."

The win comes two months after a collapse so thorough some wondered if McIlroy could recover. He took a four-shot lead into the final day of the Masters, but after hitting his 10th



"I think this kid's going to have a great career. I don't think there's any question about it. He's got all the components."

GOLF LEGEND JACK NICKLAUS
IN AN INTERVIEW WITH NBC

tee shot near a cabin on the grounds of Augusta National, he melted down, shot 80 and finished 15th.

His shot on the 10th hole yesterday wasn't comparable. On the 214-yard par-3, a downhill shot over water, McIlroy knocked the ball above the hole, then watched as it stopped for a split second and started spinning backward before stopping an inch or two from the hole.

He tapped in for a birdie that got him to 17-under par at a tournament that had never seen a score lower than 12 under before Friday.

"That was the point in the round that I really felt it was mine to lose," McIlroy said.

McIlroy now owns the scoring records for 36, 54 and 72 holes at the toughest test in golf and he became only the third player to break 70 in all four rounds of the U.S. Open.

THE ASSOCIATED PRESS



► Rory McIlroy hoists the U.S. Open trophy yesterday.

NICK WASS/THE ASSOCIATED PRESS

Canada's Findlay wins yet another triathlon

Edmonton's Paula Findlay edged Helen Jenkins by four seconds to win the triathlon world series event in Kitzbuehel, Austria, yesterday and extend her lead at the top of the overall standings.

Findlay finished in 2:05:52.

"I'm thrilled again. Wow, that was a real hard race. I was running maximum the

whole way," she said.

Findlay had emerged from the swim more than a minute down on the leaders, Jenkins and Sarah Haskins. She caught Jenkins at the end of the fourth bike leg.

Findlay leads the world series with 2,400 points. The win is her fifth in six races over the last 11 months. THE ASSOCIATED PRESS



► Paula Findlay celebrates yesterday.

Sports in brief

Cards' Pujols leaves game with injury

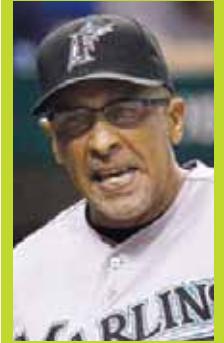
MLB. St. Louis Cardinals first baseman Albert Pujols was hurt on a play at first base yesterday against the Kansas City Royals. He went down while trying to tag Wilson Betemit. He will be further evaluated today. THE ASSOCIATED PRESS

Police accused of shocking Serbian striker

RUSSIA. Zenit St. Petersburg yesterday accused riot police of zapping Danko Lazovic with an electric shock as he tried to throw his shirt into the stands during a match. Footage shows the Serbian being approached by police officers as he moved toward the away fans in the match Saturday. THE ASSOCIATED PRESS



Quoted



"Edwin talked to the staff this morning. It's been a roller-coaster, let's put it that way, the past few weeks. It's disappointing. Edwin is a good man and a good manager. I thought our guys handled it well."

FLORIDA MARLINS BENCH
COACH BRANDON HYDE, WHO
TOOK ON THE ROLE OF
MANAGER AFTER EDWIN
RODRIGUEZ, PICTURED,
UNEXPECTEDLY RESIGNED
FROM THE POSITION
YESTERDAY.
THE MARLINS' LOSING
STREAK EXTENDED TO 10
GAMES AFTER A 2-1 LOSS TO
THE TAMPA BAY RAYS.



Scan code for
more sports.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	43	28	.606	—
New York	40	29	.580	2
Tampa Bay	39	33	.542	4%
Toronto	36	36	.500	7%
Baltimore	32	37	.464	10

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	39	31	.557	—
Detroit	39	33	.542	1
Chicago	35	38	.479	5%
Minnesota	31	39	.443	8
Kansas City	31	41	.431	9

WEST DIVISION

	W	L	Pct	GB
Texas	38	35	.521	—
Seattle	37	35	.514	1%
Los Angeles	35	38	.479	7%
Oakland	33	40	.452	5

INTERLEAGUE

Saturday's results

Washington 4 Baltimore 2

NY. Yankees 4 Chicago Cubs 2

Texas 5 Atlanta 4 (10 ings)

Cleveland 5 Pittsburgh 1

Tampa Bay 7 Florida 4

NY. Mets 6 LA. Angels 1

Milwaukee 4 Boston 2

Minnesota 1 San Diego 0

Toronto 4 Cincinnati 0

St. Louis 5 Kansas City 4

Chicago White Sox 6 Arizona 2

Colorado 5 Detroit 4

Oakland 4 San Francisco 2

Philadelphia 5 Seattle 1

Yesterday's results

Cleveland 5 Pittsburgh 2 (11 ings)

LA. Angels 7 NY. Mets 3

Cincinnati 2 Toronto 1

Baltimore 7 Washington 4

Boston 12 Milwaukee 3

Atlanta 4 Texas 2

Tampa Bay 2 Florida 1

Minnesota 5 San Diego 4

St. Louis 5 Kansas City 4

Detroit 9 Colorado 1

Oakland 2 San Francisco 1

Chicago White Sox 8 Arizona 2

Seattle 2 Philadelphia 0

NY. Yankees at Chicago Cubs

Tonight's games

Baltimore (Arrieta 8-4) at Pittsburgh (Morton 7-3), 7:05 p.m.

Colorado (Nicasio 2-1) at Cleveland (Carmona 4-8), 7:05 p.m.

LA. Angels (Weaver 8-4) at Florida (Ani. Sanchez 6-1), 7:10 p.m.

NY. Yankees (Nova 6-4) at Cincinnati (Cueto 4-2), 7:10 p.m.

San Diego (LeBlanc 0-2) at Boston (Miller 0-0), 7:10 p.m.

Toronto (R.Romero 6-6) at Atlanta (T.Hudson 5-6), 7:10 p.m.

Houston (Happ 3-8) at Texas (D.Holland 5-2), 8:05 p.m.

Chicago Cubs (Zambrano 5-4) at Chicago White Sox (Floyd 6-6), 8:10 p.m.

Tampa Bay (Niemann 1-4) at Milwaukee (Narveson 4-4), 8:10 p.m.

Detroit (Penny 5-5) at LA. Dodgers (Kershaw 6-3), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	45	28	.616	—
Atlanta	40	33	.548	5
New York	35	37	.486	9%
Washington	35	37	.486	9%
Florida	32	40	.444	12%

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	40	33	.548	—
St. Louis	40	33	.548	—
Cincinnati	38	35	.521	2
Pittsburgh	35	36	.493	4
Chicago	29	41	.418	9%
Houston	27	46	.370	13

WEST DIVISION

	W	L	Pct	GB
San Francisco	39	33	.542	—
Arizona	39	34	.534	1%
Colorado	35	36	.493	3%
Los Angeles	32	41	.438	7%
San Diego	30	43	.411	9%

AMERICAN LEAGUE

REDS 2, BLUE JAYS 1

Toronto	ab	r	h	bi	Cincinnati	ab	r	h	bi
YEscor ss	4	0	1	0	Stubbs cf	4	0	0	0
CPtrsn cf	4	0	0	0	BPhilips 2b	4	0	0	0
Bautist cf	4	0	1	0	Votto lb	4	1	3	0
Lind 1b	4	0	0	0	Brace rf	4	0	2	0
A.Hill 2b	4	1	1	0	Cairo 3b	4	1	2	1
JRiver lf	2	0	1	0	FLewis if	3	0	2	0
Arendt c	3	0	1	0	Center p	0	0	0	0
JMcBnl 3b	2	0	0	0	Renter ss	4	0	0	0
Enrcm	1	0	0	0	Janish ss	0	0	0	0
McCoy 3b	0	0	0	0	Hanigan c	3	0	1	0
CVillnph	2	0	0	0	Arroyo p	3	0	0	0
RDavis ph	1	0	0	0	Heisey if	0	0	0	0
Rzpczy p	1	0	0	0					
Dotel p	0	0	0	0					
Totals	31	15	1	5	Totals	33	2	9	2
Toronto	000	010	000	0	Cincinnati	000	002	00x	2

DP—Cincinnati 1. LOB—Toronto 4, Cincinnati 8. 2B—Brace (11), FLewis (5), HR—A.Hill (3), Cairo (3), SB—Brace (6).

Toronto 1 IP H R ER BB SO

C.Villanueva L-4 7 2 2 1 0 3

Rzpczynski 1-3 2 0 0 0 0 0

Dotel 2-3 0 0 0 1 1

Cincinnati

Arroyo W-6-6 8 5 1 1 1 5

Cordero S-15-17 1 0 0 0 0 0

Umpires—Home, Dan Iassogna; First, CB Burkner; Second, Jerry Meals; Third, Dale Scott. T-2:25. A-32,618 (42,319) at Cincinnati.

CALENDAR

July 12 — All-Star game, Phoenix.

July 24 — Hall of Fame induction, Cooperstown, N.Y.

July 31 — Last day to trade a player without securing waivers.

Aug. 15 — Last day to sign selections from 2011 amateur draft who have not exhausted college eligibility.

Sept. 1 — Active rosters expand to 40 players.

Sept. 30 or Oct. 1 — Playoffs begin.

Oct. 19 — World Series begins.

November — Free agent period to sign exclusively with former teams, first 15 days after World Series ends.

GOLF

U.S. OPEN

At Bethesda, Md.

Par 71

Final Round

(a-amateur)

Rory McIlroy, \$1,440,000

Jason Day, \$865,000

Kevin Chappell, \$364,241

Robert Garrigus, \$364,241

Lee Westwood, \$364,241

Y.E. Yang, \$364,241

Peter Hanson, \$228,416

Sergio Garcia, \$228,416

Charl Schwartzel, \$192,962

Louis Oosthuizen, \$192,962

Brandt Snedeker, \$163,083

Heath Slocum, \$163,083

Davis Love III, \$163,083

Graeme McDowell, \$129,517

Webb Simpson, \$129,517

Bo Van Pelt, \$129,517

Matt Kuchar, \$129,517

Frederik Jacobson, \$129,517

Johan Elfrid, \$105,905

Steve Stricker, \$105,905

Ryan Palmer, \$97,242

a-Patrick Cantlay

Robert Rock, \$76,455

Gregory Havret, \$76,456

Seung Yul Noh, \$76,456

Rory Sabbatini, \$76,456

John Senden, \$76,456

Dustin Johnson, \$76,455

Bill Haas, \$76,455

Brandt Jobe, \$76,455

Henrik Stenson, \$76,455

Ryo Ishikawa, \$50,436

Gregory Havret, \$50,436

Seung Yul Noh, \$50,436

Rory Sabbatini, \$50,436

John Senden, \$50,436

Dustin Johnson, \$50,436

Luis Glover, \$37,351

Russell Henley

Charlie Hoffman, \$31,264

Lukas Nelson, \$24,708

Marc Leishman, \$24,708

J.J. Henry, \$21,792

Anthony Kim, \$21,792

Phil Mickelson, \$21,792

Matteo Manassero, \$21,792

Eduardo Molinari, \$21,792

Alvaro Quiros, \$21,792

Todd Hamilton, \$19,763

Justin Hicks, \$19,763

Marcel Siem, \$19,763

Bubba Watson, \$18,620

Brian Gay, \$18,620

Jeff Overton, \$18,620

Bob Caudle, \$18,620

Kevin Streelman, \$17,819

Alexandre Rocha, \$17,178

Christo Greylung, \$17,178

Kenichi Kubota, \$17,178

Wes Heffner, \$16,539

a-Brad Benjamin

U.S. OPEN CHAMPIONS

2011 — Rory McIlroy

2010 — Graeme McDowell

2009 — Lucas Glover

2008 — Tiger Woods

2007 — Angel Cabrera

2006 — Geoff Ogilvy

2005 — Michael Campbell

2004 — Retief Goosen

2003 — Jim Furyk

2002 — Tiger Woods

2001 — Retief Goosen

2000 — Tiger Woods

2009 — Lucas Glover

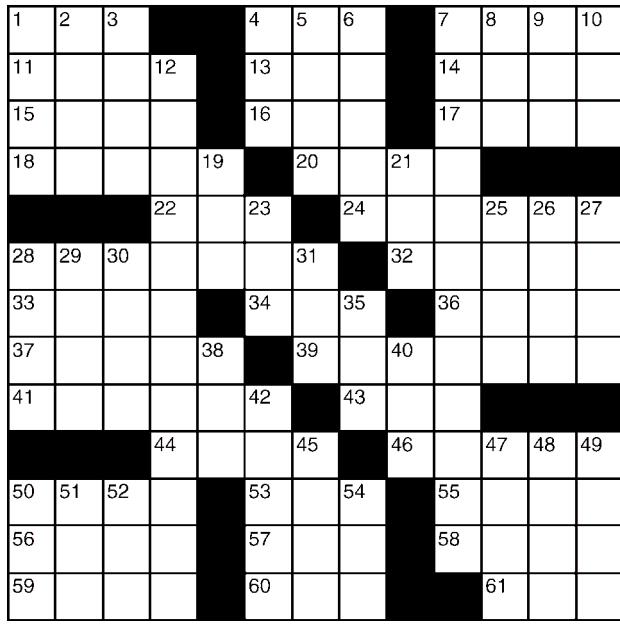
2008 — Tiger Woods

2007

Crossword

Across
 1 Energy
 4 Method
 7 Additionally
 11 Destruction
 13 Greek H
 14 Midday
 15 Sandwich cookie
 16 Dickens pseudonym
 17 With 52-Down, year-end fuel
 18 Value
 20 Versifier
 22 Embrace
 24 "Do unto —..."
 28 Custodian
 32 Mannerly
 33 "Once — a time"
 34 Beavers' structure
 36 Pleasant
 37 Sill
 39 Threw and caught repeatedly
 41 Ancient parlor
 43 Showbiz job
 44 Hippocratic, e.g.
 46 Aristocratic
 50 Sandwich shop
 53 Once around the track
 55 Hebrew month
 56 Revlon rival
 57 Exist
 58 Nintendo competitor
 59 Safecracker
 60 Hot tub
 61 Lair

Down
 1 Front of a ship
 2 Modern-day money



3 Harbor structure
 4 Symbol of intrigue
 5 On
 6 Mississippi river
 7 Cole Porter musical
 8 Gehrig of baseball
 9 Scale member
 10 Singleton
 12 "Forget it!"
 19 Shack
 21 And so on (Abbr.)
 23 Deity
 25 Wicked
 26 Wedding shower?
 27 Coaster
 28 Broadway com-

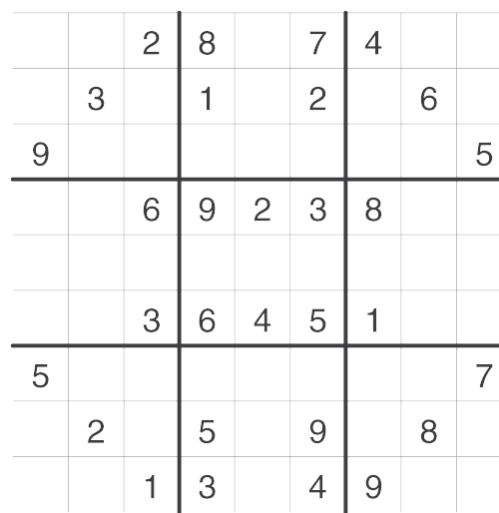
poser Styne
 29 Pinnacle
 30 Protuberance
 31 British rule in India
 35 Beer vessel
 38 Historic period
 40 Martini ingredient
 45 Lost vital fluid
 47 Book of maps
 48 Olympic 27-Down
 49 Verve
 50 24 hours



► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►



Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 Make your own troubles seem smaller today by helping family and friends deal with their difficult issues.

Taurus April 21-May 21 You must not let personal feelings cloud your judgment today.

Gemini May 22-June 21

What seemed simple yesterday will seem outrageously complicated today. Don't lose your cool.

Cancer June 22-July 22 If you actually listen to criticism today, you might learn something that could save you future grief.

Leo July 23-Aug. 23 Is there something you secretly feel guilty about? Do something about it.

Virgo Aug. 24-Sept. 22 Strive to maintain an open and optimistic attitude. It's about perspective, make yours wide and deep.

Libra Sept. 23-Oct. 23

Sometimes you just have to follow your instincts, so trust them — and act.

Scorpio Oct. 24-Nov. 22

The more you try to move in one direction today, the more events will

conspire to push you in another.

Perhaps you should take the hint.

Sagittarius Nov. 23-Dec. 21 What happens today will be removed from your usual experience. It may be difficult to make sense of.

Capricorn Dec. 22-Jan. 20

Something will happen today that will encourage you to become a more tolerant human being.

Aquarius Jan. 21-Feb. 18

You may find that your powers of persuasion let you down today.

Pisces Feb. 19-March 20

If a friend suggests you do something unethical today, turn him or her down flat. **SALLY BROMPTON**

Caption contest



"You should've seen the bird!"
MARCUS

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

true lov, you are my true love..i live just for you..you are the most beautiful woman i ever seen...no wonder i can't get enough of you..just stay strong and no stress at all..just relax..i love you and miss you sooo a great day my love. kiss and hugs on your way.
LOSTINYOURLOVE

Nikita, Last Friday after work, the heat, the salad chicken, the ice capp, and the kisses make me feel love like never loved before. You ought to know by now how much I love you. Can't wait for Monday so I can see you again MIKE

Vince
Hope u are enjoying your daily read of the Metro...just wanted to say I love u and miss u sooo much. I can't wait until we see each other again. Love u forever xoxoxo LISA



You have voted us #1 for best forecasts on TV. Thank you Canada!

©The Weather Network 2011



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

FLIGHT CENTRE® Unbeatable

Bahamas 4-Night Cruise

\$199

Monarch of the Seas
CRUISE roundtrip Port Canaveral and visit CocoCay and Nassau. Sails Oct 31/rcl.

1 866 720 4853 | flightcentre.ca

Conditions apply. Cruise prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. rcl=royal caribbean. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail location. ONT. REG #467/1394

KISS & TELL WITH METRO KISS

Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.

All kisses will appear online and a selection will appear in print too!

Visit metronews.ca daily to see who loves whom, or...who loves you!



MEGA
AUTOMOBILE.com

**800+ USED VEHICLES
ON SITE & ONLINE!**

#1 VOLUME USED DEALER AROUND!

www.megaautomobile.com



**FREE
HDTV or GPS**
ON SELECT MODELS.



**UP TO
\$1,000
FREE GAS!**
ON SELECT SUV.

**NO
PAYMENTS
FOR
90 DAYS***
See Advertised Terms & Conditions.



GREAT VEHICLES UNDER \$10,000



ARE YOU EMPLOYED
BY FEDERAL, PROVINCIAL OR
MUNICIPAL GOVERNMENT?
IF YES, FINANCE YOUR VEHICLE AT MEGA &
RECEIVE OUR BANK COMMISSION OF UP TO

\$500

www.megaautomobile.com
1261 ST. JOSEPH BOULEVARD, GATINEAU 819.770.2277
JUST 5 MINUTES FROM DOWNTOWN OTTAWA.
OPEN 8 DAYS A WEEK - BILINGUAL STAFF

Disclaimer: Bi-weekly payments include all taxes. *60 months (130 payments) **72 months (156 payments) ***84 months (182 payments) and 7.9% (Minimum \$10,000) with \$0 down payment, OAC. Freight and reconditioning (if any) included. *Prices do not include taxes and license. 2nd chance financing is not eligible for \$1000 Cash Back. Contact Mega Automobile for details. Vehicles may not be exactly as shown.